

HOW TO MAKE A FACE MASK

Materials Needed:

9" x 6" cotton fabric. (Remember, these will be worn by men and women)

9" x 6" cotton flannel for the backing, if available; otherwise use cotton fabric

Rope elastic, beading cord elastic or 1/8" flat elastic

1. Cut the elastic 7" long, and tie a knot at each end (DO NOT knot the ends of the flat).
2. Put right sides of cotton fabric together.
3. Starting at the center of bottom edge, sew to the first corner and stop. Sew the elastic with the knot out into the corner. A few stitches forward and back will hold this.
4. Sew to the next corner, and stop. Bring the other end of that same elastic to the corner, and sew a few stitches forward and back.
5. Sew across the top of the mask to the next corner. Again, put an elastic with the knot out.
6. Sew to next corner, and sew in the other end of the same elastic.
7. Sew across the bottom, leaving about 1.5" to 2" open.
8. Cut the thread.
9. Turn inside out.
10. Pin 3 tucks on each side of the mask. Make sure the tucks are the same direction.
11. Sew around the edge of the mask twice.

Be sure any fabric design is placed horizontally.

THANK YOU!

