

HOW TO PLACE YOUR ORDER

Dear Guest,

Welcome to Lima Memorial Health System. We are pleased to offer **Clinicia by Sodexo**, room service dining. This program allows you to select meals from a wide variety of foods designed to make you feel as though you were eating at your favorite restaurant. We take a clinically led, chef-inspired menu to deliver nutrition that heals.

We encourage you to select from our delicious menu and call our room service operators at extension **3663** from 7:00 a.m. - 6:30 p.m.

Guest trays for visitors and family members are available for a charge and can be purchased by visiting our cafeteria checkout or by calling **3663** to have your tray delivered. For those opting to pay with cash, please visit our cafeteria checkout in person; our team is happy to help you with ordering and purchasing your guest tray. We kindly ask that your debit / credit card be ready upon ordering via phone, as phone orders must be paid for at the time of calling.

We will have your meal delivered to your room within 45 minutes or less.



DIAL 3663 TO ORDER

♥ These items meet the American Heart Association’s guidelines for fat, cholesterol and sodium content.

GF - Gluten Free

If your Physician has prescribed a modified diet, some items may not be available for order.

PATIENT FOOD SERVICE QUESTIONNAIRE

We value your feedback about your food service experience. Scan the code to begin.



BEVERAGE

- HOT ♥**
Coffee (Reg. or Decaf)
Tea (Reg. or Decaf)
Hot Chocolate
No Sugar Added Hot Chocolate
- COLD MILK ♥**
Fat Free, 1%
1% Chocolate
Almond
Soy (Chocolate or Vanilla)
- JUICE ♥**
Grape
Orange
Apple
Cranberry
Prune
- COLD**
Diet Lemonade
Iced Tea (Reg. or Decaf)
Lemon Lime Soda
Diet Lemon Lime Soda
Cola
Diet Cola
Ginger Ale
Diet Ginger Ale

DESSERTS

- COOKIES ♥**
Graham Crackers, Butter Sugar
Chocolate Chip, Oatmeal
Lorna Doone Shortbread
- YUMMY DELIGHTS ♥**
Cinnamon Apples ♥
Chocolate Bundt Cake
Angel Food Cake ♥
Pound Cake, GF Brownie
- REGULAR PUDDING ♥**
Vanilla, Chocolate
- NO SUGAR ADDED PUDDING ♥**
Vanilla, Chocolate
- REGULAR GELATIN ♥**
Orange, Strawberry
- SUGAR FREE GELATIN ♥**
Orange, Strawberry
- FROZEN**
Vanilla, Strawberry or
Chocolate Ice Cream
No Sugar Added Vanilla Ice Cream ♥
Lemon or Cherry Fruit Ice ♥
Orange or Raspberry Sherbet ♥

LIQUID DIETS

- CLEAR LIQUID ♥**
- BROTH**
Beef, Chicken
Vegetable
- JUICE**
Grape, Apple, Cranberry
- COLD & HOT**
Coffee
Hot Tea
Iced Tea
Diet Lemonade
- REGULAR GELATIN**
Orange, Strawberry
- SUGAR FREE GELATIN**
Orange, Strawberry
- FRUIT ICE**
Lemon, Cherry

FULL LIQUID DIET ONLY

- ALL CLEAR LIQUID ITEMS PLUS:**
Blended Chicken
Noodle or Tomato Soup ♥
Cream of Wheat ♥
Oatmeal ♥
Greek Vanilla Yogurt ♥
- REGULAR PUDDING ♥**
Vanilla, Chocolate
- NO SUGAR ADDED PUDDING ♥**
Vanilla, Chocolate
- FROZEN**
Vanilla or Chocolate Ice Cream
No Sugar Added Vanilla Ice Cream ♥
Orange or Raspberry Sherbet ♥
- MILK ♥**
- JUICE ♥**
Orange, Prune, Hot Chocolate



ROOM SERVICE MENU

Dial **3663 (FOOD)** to place your order between 7 a.m. - 6:30 p.m.



BREAKFAST

MORNING FARE

Scrambled Eggs (Reg. or Egg Sub)♥
Buttermilk Pancakes♥
Texas French Toast♥
Biscuits and Sausage Gravy

OMELET SHOPPE

(Made-to-Order, Limit 4 toppings)
Regular Eggs or Egg Substitute♥
Omelet Fillings:
Mozzarella♥ Green Pepper♥
Cheddar Spinach♥
Mushrooms♥ Ham
Onion♥ Bacon
Tomato♥

BREADS AND BAKERY

Wheat Bagel♥
English Muffin
Blueberry Muffin♥
Southern Style Biscuit
White Toast♥
Wheat Toast♥
GF Bread

YOGURT♥

Greek Vanilla
Greek Strawberry
Greek Blueberry



DIAL 3663 TO ORDER

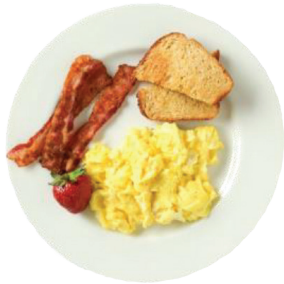
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BREAKFAST SIDES

Home Fried Potatoes
Turkey Bacon♥
Turkey Sausage Patty♥
Pork Sausage Link
Pork Bacon



FRESH FRUIT♥

Apple
Orange
Banana
Grapes
Fruit Cup

FRUIT SIDES♥

Applesauce
Diced Peaches
Diced Pears
Pineapple Tidbits
Mandarin Oranges
Tropical Fruit Cup

CEREAL♥

Hot Oatmeal
Cream of Wheat®
Rice Krispies®
Cheerios®
Raisin Bran®
Corn Flakes®



LUNCH & DINNER

SOUPS

Tomato Basil♥
Chicken Noodle♥
Garden Vegetable♥

BROTH♥

Beef
Chicken
Vegetable

FROM THE GARDEN

SIDE SALADS♥
Garden Side Salad
Caesar Side Salad
Cottage Cheese
Carrots & Celery Sticks



ENTRÉE SALADS♥
Chef Salad
Chicken Caesar Salad
Fresh Fruit Plate
Tuna Salad Plate
Chicken Salad Plate
Hummus Plate

DRESSINGS

Low Fat: Italian, French, Ranch
Regular: French, Ranch, Caesar

BUILD YOUR OWN SANDWICH

BREAD♥

Wheat, White, Wheat Bun, 10" Flour Tortilla, GF Bread, GF Tortilla

PROTEIN

Turkey♥, Ham, Roast Beef♥, Chicken Salad, Tuna Salad♥, Hummus♥

CHEESE

American, Swiss♥, Cheddar♥, Provolone

TOPPINGS

Lettuce, Tomato, Pickle, Onion



7" PERSONAL CHEESE PIZZA

(Cauliflower Crust♥ Available)

(Made-to-Order, Pizza Sauce and Shredded Mozzarella, Limit 4 toppings)

Pepperoni

Spinach♥

Tomato♥

Ham

Green Pepper♥

Mushroom♥

Bacon

Onion♥

NOTE: To ensure timely delivery of trays, meals will be limited to one entrée per patient for each meal order.

Beverages and desserts are located on the back of the menu.
Condiments available upon request.

LUNCH & DINNER

AMERICAN COMFORTS

FARMER'S MEATLOAF♥

Ground beef and turkey loaf with onion, celery, pepper and oats

GRILLED CHICKEN BREAST♥

Grilled chicken with Italian seasonings

POT ROAST STYLE BRAISED BEEF

Tender, slow roasted pot roast

CRUSTLESS CHICKEN POT PIE

Chicken, peas, carrots and potatoes in a seasoned cream sauce served over your choice of biscuit, mashed potatoes, rice or noodles

CITRUS HERB POLLOCK♥

Pollock marinated in a blend of orange, lemon juice and herbs

QUESADILLAS

With cheese or chicken

ULTIMATE SOUTHWEST BURRITO♥

Stuffed with black beans, tomatoes, corn, fire roasted jalapeno and brown rice, topped with zesty cilantro and red sauce

RUSTIC PENNE MARINARA♥

Classic penne pasta in a rustic herbed marinara sauce
Choice of Meatballs or Grilled Chicken

BAKED BREADED CHICKEN TENDERS

Breaded, baked chicken breast tenders

GRILL FAVORITES

BREAD

Wheat, White, Wheat Bun, GF Bread

PROTEIN

Beef Burger, Grilled Chicken Breast♥, Malibu
Veggie Burger♥, Turkey Burger, Southwest Black Bean Burger

CHEESE

American, Swiss,
Cheddar, Provolone

EXTRAS

Lettuce, Tomato,
Pickle, Onion



ACCOMPANIMENTS

VEGETABLES♥

Sliced Carrots, Green Beans, Green Peas, Broccoli, Cauliflower, Corn

ON THE SIDE

Brown Rice♥, Penne, Mashed Potatoes♥, Sweet Potatoes♥
Mac & Cheese, Baked Potato♥, Egg Noodles

COMPLIMENTS

Wheat Dinner Roll♥, Salted or Unsalted Crackers♥
Southern Biscuit, Baked Potato Chips♥