

## **LIMA MEMORIAL EMS BANQUET**

Where Emergency Care Begins.



### **Sunday, May 21, 2023**

Registration begins at 5:15 p.m.

Dinner at 6 p.m.

Veterans Memorial Civic & Convention Center 7 Public Square, Lima

#### **Keynote Speaker:**

**Jo Terry**, Chip Terry Fund For First Responders

"Trauma and its Effect on First Responders and Their Family"

#### **Great Door Prizes and Gift Giveaways**

**RSVP** by Friday, May 12, to Doug LaRue, EMS Manager, at 419-226-5178 or dlarue@limamemorial.org















**Keynote Speaker** 

# **JO TERRY, Chip Terry Fund For First Responders**

"Trauma and Its Effect on First Responders and Their Family"

Jo Terry is a recently retired licensed physical therapist who owned her own outpatient physical therapy clinic for more than 20 years. She was married to Assistant Chief Alan "Chip" Terry, who retired from the City of Covington Fire Department after 31 years. Chip committed suicide in 2017 after a misdiagnosis, and since then, Jo has spent her time working with first responders and their families affected by PTSD and teaching a class she developed called Trauma and its Effect on First Responders and Their Family. The class focuses on Chip's story and the effects of suicide on those left behind. The course will also review the anatomy of the brain and help individuals understand the physiological changes that occur with PTSD, identify warning signs and symptoms of PTSD and share new methods for treatment and identify access to help.

Jo is the President of The Chip Terry Fund for First Responders which she and her six children established to provide first responders and their families with educational, financial and emotional support. The Chip Terry Fund has assisted over 200 individuals with access to inpatient and outpatient services locally and nationally. In 2022, she was hired by the City of Covington Fire Department to become their first Wellness Coordinator in order to address the multitude of factors influencing mental and physical wellness for the department members.